

Greene Family Camp-Menu 2014

Week 1

| Meal | Sunday-Day 1 6/15 & 7/13 | Monday-Day 2 6/16 & 7/14 | Tuesday-Day 3 6/17 & 7/15 | Wednesday-Day 4 6/18 & 7/16 | Thursday-Day 5 6/19 & 7/17 | Friday-Day 6 6/20 & 7/18 | Saturday-Day 7 6/21 & 7/19 |
|-------------------|---|--|---|---|---|---|---|
| Breakfast | | | | | Cheesy Scrambled Eggs | | |
| Hot Line | Western Scrambled Eggs Redi Shred Hash Browns Whole Wheat Toast Coffee/Hot Tea | Chocolate Chip Pancakes* Turkey Sausage Coffee/Hot Tea | Scrambled Eggs Biscuits Country Gravy/Soy Saus Crumble Coffee/Hot Tea | French Toast Sticks Syrup Coffee/Hot Tea | Tex-Mex Seasoned Potatoes Flour* & Wheat* Tortillas Shredded Cheddar Cheese/Salsa Coffee/Hot Tea | Scrambled Eggs Blueberry Scones* Coffee/Hot Tea | Banana & Honey Bran Muffins* Coffee/Hot Tea |
| Cold Bar | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Syrup/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold Cereal* Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Assorted Fresh Fruit Orange Juice/Kitchen Choice Jce 1%/Skim/Chocolate Milk Assorted Jelly/Margarine |
| Lunch | | | | | | | |
| Hot Line | Fried Chicken/Baked Chicken Tuna Salad Potato Salad/Pasta Salad | Asst Pizza*(Vegetable & Cheese) Winter Vegetable Mix | Fish Planks Macaroni and Cheese Broccoli Spears | GFC Famous Grilled Cheese* Mozzarella, Pesto Grilled Chez Breaded Okra* | Steak Fingers* Baked Tater Tots Mixed Greens | Baked Potato Bar Vegetarian Chili/Cheesy Broc Sauteed Spinach | Egg Salad/Tuna Salad Chicken Salad Apple Kugel |
| Soup | | Cream of Potato | Vegetarian Vegetable | Old Fashioned Tomato | Chicken Noodle Soup | Vegetarian Chili | Asst Bagel*/Wht Pita Bread* |
| Cold Bar | Pasta Salad Coleslaw/Israeli Salad Brownies* Cookies* Rice Crispie Treats* | Salad Bar Pimiento Cheese Grapes | Salad Bar Chicken Salad Fresh Peach | Salad Bar Tuna Salad Tangerine | Salad Bar Turkey Ham Salad Gelatin Fruit Salad | Salad Bar Hummus Marg/Sour Cream/Shred Cheese Fresh Plum | Salad Bar/Israeli Salad Cream Cheese/Lox Spread Assorted Cold Cereal* Fresh Banana/Canned Peaches Cottage Cheese |
| | Lemonade/Ice Tea/Milk | Lemonade/Ice Tea/Milk | Lemonade/Ice Tea/Milk | Lemonade/Ice Tea/Milk | Lemonade/Ice Tea/Milk | Lemonade/Ice Tea/Milk | Lemonade/Ice Tea/Milk Orange Juice/Tomato Juice Assorted Jelly/Margarine |
| Dinner | | | | | | | |
| Table Meal | Hamburger on Pretzel Bun* Baked French Fries Carrot Coins Israeli Salad Let/Tom/Pickles/Onion/Jalap Chocolate Chip Cookies* Lemonade/Ice Tea/Milk/Water Ketchup/Mustard/Mayo/Relish | Sweet and Sour Chicken Steamed Edaname Beans Oriental Mixed Vegetables Jasmine Rice Sweet and Sour Sce/Sriacha Sce Rice Krispy Trts/FortuneCookies Lemonade/Ice Tea/Milk/Water | Steak/Chicken/Veggie Fajitas Grilled Peppers & Onions Mexican Rice Vegetarian Refried Beans Tortillas*/Tortilla Chips* Guacamole /Salsa Popsicles Lemonade/Ice Tea/Milk/Water | Pot Roast with Natural Gravy Rst Potato/Carrots/Celery/Onion Roasted Kale Dill Green Peas Wheat Rolls*/Margarine Peach Cobbler* Lemonade/Ice Tea/Milk/Water | Baked Ravioli Casserole Rotini with Marinara Sauce Sauteed Zucchini Squash Garlic Toast* Parmesan Chez/Red Pepper Sherbet Lemonade/Ice Tea/Milk/Water | Fried Chicken Paprika Baked Chicken Whole Baby Carrots Kasha Varnishkes Salad with Mandarin Oranges Fresh Baked Challah*/Marg Chocolate Brownies* Lemonade/Ice Tea/Grape Juice | Grilled Hamburger on Bun Lettuce/Tomato/Onion/Pickle Honey Glazed Chicken Wings German Coleslaw Baked Lays Potato Chips Tailgate Pasta Salad Fresh Baked Sugar Cookies* Bottled Water Mustard/Ketchup/Relish |
| Cold Bar | none | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Mustard/Ketchup/Relish |

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Week 2

| Meal | Sunday-Day 8 | Monday-Day 9 | Tuesday-Day 10 | Wednesday-Day 11 | Thursday-Day 12 | Friday-Day 13 | Saturday-Day 14 |
|-------------------|---|---|---|---|---|---|---|
| Breakfast | 6/22 & 7/20 | 6/23 & 7/21 | 6/24 & 7/22 | 6/25 & 7/23 | 6/26 & 7/24 | 6/27 & 7/25 | 6/28 & 7/26 |
| Hot Line | Scrambled Eggs English Muffins/Toast Shredded Cheddar Cheese/Salsa Coffee/Hot Tea | Blueberry Pancakes* Syrup Coffee/Hot Tea | M'room Scr Eggs/Scramble Eggs Hash Brown Potatoes Shredded Cheddar Cheese/Salsa Coffee/Hot Tea | Waffle Sticks* Syrup Coffee/Hot Tea | Chicken Tenders Buttermilk Biscuits* Honey Coffee/Hot Tea | Scrambled Eggs Wheat Toast* Shredded Cheddar Cheese/Salsa Coffee/Hot Tea | Pop-tarts*/Danish* Coffee/Hot Tea |
| Cold Bar | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold Cereal* Granola* Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Orange Juice/Kitchen Choice Jce 1%/Skim/Chocolate Milk Assorted Jelly/Margarine |
| Lunch | | | | | | | |
| Hot Line | Kosher Hot Dog w/ Hot Dog Bun* Sauerkraut Sun Chips* | Sloppy Joes on Wheat Bun* Winter Mixed Vegetables Corn Cobbettes | Pizza Bagels* Crinkle Cut Carrots | Chick Fil-a Style Swich Wht Bun Sweet Potato Fries Broccoli & Cauliflower | Chicken Pot Pie Sauteed Yellow Squash Wheat Rolls/Margarine | Deli Bar Turkey, Turk Pastrami, Rst Beef Lett/Tom/Onion/Pickle/Peppers Muffuletta Olive Sld/Sun Chips* Homemade Chix Noodle Soup | Egg Salad/Tuna Salad Chicken Salad Kugel Asst Bagel*/Wht Pita Bread* Salad Bar/Israeli Salad Cream Cheese/Lox Spread Assorted Cold Cereal* Fresh Banana/Canned Peaches Cottage Cheese Lemonade/Ice Tea/Milk Orange Juice/Tomato Juice Assorted Jelly/Margarine |
| Soup | Vegetarian Chili | Beef Vegetable | Cream of Broccoli | Minestrone | Vegetarian Vegetable | Homemade Chix Noodle Soup | Salad Bar/Israeli Salad |
| Cold Bar | Salad on Table Carrot&Cuke Platter Ranch Drsg Assorted Fresh Fruit Lemonade/Ice Tea/Milk | Salad Bar Egg Salad/Carrot P/A Salad Mixed Berries Lemonade/Ice Tea/Milk | Salad on Table Pimiento Cheese Grapes Lemonade/Ice Tea/Milk | Salad on Table Carrot&Cuke Platter Ranch Drsg Kiwi Lemonade/Ice Tea/Milk | Salad Bar Tuna Pasta Salad Jello Salad Lemonade/Ice Tea/Milk Pico/Cheese/Salsa/Sour Crm | Salad Bar/Coleslaw Egg Salad Cantaloupe Lemonade/Ice Tea/Milk | Cream Cheese/Lox Spread Assorted Cold Cereal* Fresh Banana/Canned Peaches Cottage Cheese Lemonade/Ice Tea/Milk Orange Juice/Tomato Juice Assorted Jelly/Margarine |
| Dinner | | | | | | | |
| Table Meal | Grilled Marinated Chicken Scalloped Potatoes Sauteed Spinach Quinoa Pilaf Honey Mustard Snickerdoodle Cookies* | Chalupas Flour Tortilla*/Corn Chal Shell* Vegetarian Refried Beans Shred Lett/Tom/Onion/Jalap Salsa/Guacamole Soapapillas | Sli Turkey Brst/Cornbread Drsg Mashed Potatoes Green Beans Wheat Bread*/Margarine Poultry Gravy/Cranberry Sauce Marble Cake with Choc Icing* | Marinara Sauce with Meatballs Spagh Squash/Multigrain Pasta* Ratatouille Garlic Breadstick* Parmesan Cheese/Red Pepper Watermelon | Beef Sausage BBQ Chicken Legs Coleslaw Potato Salad Whole Wheat Roll*/Margarine Apple Cobbler BBQ Sauce | Fried Chicken Sesame Baked Chicken Sauteed Squash & Broccoli Baked Sweet Potatoes Salad with Mandarin Oranges Fresh Baked Challah*/Marg Blonde Brownies | Grilled Hamburger on Bun* Lettuce/Tomato/Onion/Pickle Hot Dog on Bun* Grilled Roasted Veggies Baked Lays Potato Chips Pasta Salad Fresh Baked Choc Chip Cookies* Bottled Water Mustard/Ketchup/Relish |
| Cold Bar | Lemonade/Ice Tea/Milk/Water Salad Bar | Lemonade/Ice Tea/Milk/Water Salad Bar | Lemonade/Ice Tea/Milk/Water Salad Bar | Lemonade/Ice Tea/Milk/Water Salad Bar | Lemonade/Ice Tea/Milk/Water Salad Bar | Lemonade/Ice Tea/Grape Juice | Bottled Water Mustard/Ketchup/Relish |

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| Week 3 | | | | | | | |
|-------------------|--|---|---|---|---|---|---|
| Meal | Sunday-Day 15 6/29 & 7/27 | Monday-Day 16 6/30 & 7/28 | Tuesday-Day 17 7/1 & 7/29 | Wednesday-Day 18 7/2 & 7/30 | Thursday-Day 19 7/3 & 7/31 | Friday-Day 20 7/4 & 8/1 | Saturday-Day 21 7/5 & 8/2 |
| Breakfast | | | | | | | |
| Hot Line | Scrambled Eggs Potato Pancakes Whole Wheat Toast Coffee/Hot Tea | Plain or Blueberry Pancakes* Syrup Coffee/Hot Tea | Scrambled Eggs Scones* Coffee/Hot Tea | French Toast Sticks* Syrup Coffee/Hot Tea | Cheesy Scrambled Eggs Tex-Mex Seasoned Potatoes Flour* & Wheat* Tortillas Shredded Cheddar Cheese/Salsa Coffee/Hot Tea | Turkey Sausage Buttermilk Biscuits* Syrup Coffee/Hot Tea | Blueberry Muffin*/Danish* Coffee/Hot Tea |
| Cold Bar | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Applesauce/Sour Cream | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold Cereal* Granola* Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Orange Juice/Kitchen Choice Jce 1%/Skim/Chocolate Milk Assorted Jelly/Margarine |
| Lunch | | | | | | | |
| Hot Line | French Dip on Hoagie Roll* Mixed Greens Waffle Fries | GFC Famous Grilled Cheese * Mozz/Sun Dried Tom Grill Chez Crinkle Cut Carrots | Honey Kissed or Hot Wings Fried Okra Coleslaw | Meatball Sub 5 Way Mixed Vegetables Baked Tater Tots | Asst Pizza*(Chez/M'room/Blk O) Cheesy Cauliflower Steamed Edaname | Baked Potato Bar Vegetarian Chili/Cheesy Broc Sauteed Spinach | Egg Salad/Tuna Salad Chicken Salad Apple Kugel |
| Soup | Lentils and Curried Rice | Old Fashion Tomato | Beefy Noodle | Vegetarian Vegetable | Pepper Gouda | Vegetarian Chili | Asst Bagel*/Wht Pita Bread* |
| Cold Bar | Salad Bar Turkey Ham Salad Carrot Raisin Salad Pineapple Au Jus/Mayo/Ketchup Lemonade/Ice Tea/Milk | Salad Bar Tuna Salad Grapes Lemonade/Ice Tea/Milk | Salad Bar Turkey Ham Salad Coleslaw Gelatin Fruit Salad Lemonade/Ice Tea/Milk | Salad Bar Chicken Pasta Salad Marinated Tomato Salad Assorted Melon Lemonade/Ice Tea/Milk | Salad Bar Pimiento Cheese Tangerines Lemonade/Ice Tea/Milk | Salad Bar Hummus Marg/Sour Cream/Shred Cheese Fresh Plum Lemonade/Ice Tea/Milk | Salad Bar/Israeli Salad Cream Cheese/Lox Spread Assorted Cold Cereal* Fresh Banana/Canned Peaches Cottage Cheese Lemonade/Ice Tea/Milk Orange Juice/Tomato Juice Assorted Jelly/Margarine |
| Dinner | | | | | | | |
| Table Meal | Five Cheese Lasagna Vegetable Lasagna Roasted Kale Sauteed Zucchini Garlic Toast* Ice Cream Lemonade/Ice Tea/Milk/Water Parmesan Cheese/Red Pepper | Chicken Fried Steak Mashed Potatoes Green Beans Gravy/Ketchup Wheat Rolls*/Margarine 100% Fruit Bar Popsicle Lemonade/Ice Tea/Milk/Water | Make Your Own Tacos Seasoned Taco Meat Vegetarian Refried Beans Mexican Rice Lettuce/Tomato/Onion Taco Shells/ Tortillas/Chips* M & M Cookies Lemonade/Ice Tea/Milk/Water Salsa/Guaca/Pico/Jalapenos | Chicken Stir Fry Jasmine Rice Vegetable Lo Mein Sauteed Squash Medley Cherry Cake Lemonade/Ice Tea/Milk/Water Soy Sauce/Sricha Sauce | Beef Brisket Ranch Style Beans Sauteed Cabbage Hot Potato Salad Wheat Rolls/Margarine Peach Cobbler Lemonade/Ice Tea/Milk/Water BBQ Sauce | Fried Chicken Honey Mustard Baked Chicken California Mixed Vegetables Rice Pilaf/Quinoa Salad with Mandarin Oranges Fresh Baked Challah*/Marg Chocolate Brownies* Lemonade/Ice Tea/Grape Juice | Grilled Hamburger on Bun Lettuce/Tomato/Onion/Pickle Teriyaki Glazed Wings California Ramen Slaw Baked Lays Potato Chips Tailgate Pasta Salad Baked Snickerdoodle Cookies* Bottled Water Mustard/Ketchup/Relish |

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| Week 4 | | | | | | | |
|-------------------|---|---|---|-------------------------|------------------------|----------------------|------------------------|
| Meal | Sunday-Day 22 | Monday-Day 23 | Tuesday-Day 24 | Wednesday-Day 25 | Thursday-Day 26 | Friday-Day 27 | Saturday-Day 28 |
| Breakfast | 7/6 & 8/3 | 7/7 & 8/4 | 7/8 & 8/5 | | | | |
| Hot Line | French Toast Syrup Sliced S'berries & Blueberries Coffee/Hot Tea | Scrambled Eggs English Muffin*/Toast* Salsa Coffee/Hot Tea | Chocolate Chip Pancakes* Syrup/Whipped Topping Coffee/Hot Tea | | | | |
| Cold Bar | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | Assorted Cold* and Hot Cereal Granola* Cottage Cheese/Cheese Slices Fruited Yogurt/Van Greek Yogurt Assorted Fresh Fruit Israeli Salad/Peppers/Olives Hard Boiled Eggs Orange Juice/Apple Juice 1% Milk/Skim Milk Assorted Jelly/Margarine | | | | |
| Lunch | | | | | | | |
| Hot Line | Nacho Bar Sauteed Spinach | Sloppy Joe on Wheat Bun* Corn on the Cob Carrot & Celery Sticks w/ Ranch | | | | | |
| Soup | Cream of Broccoli | Seven Bean Medley | | | | | |
| Cold Bar | Salad Bar Egg Salad Fresh Peach Lemonade/Ice Tea/Milk | Salad Bar Hummus Assorted Fresh Fruit Lemonade/Ice Tea/Milk | | | | | |
| Dinner | | | | | | | |
| Table Meal | Chicken Tenders* Sweet Potatoes Fries Peas and Carrots Garlic Bread* Honey Mustard/BBQ Sauce Wheat Rolls* Italian Ice Lemonade/Ice Tea/Milk/Water | Scrambled Eggs Little Beef Smokies Hash Brown Potatoes Biscuits*/Margarine/Honey Fresh Fruit Salad BBQ Sauce Lemonade/Ice Tea/Milk/Water | | | | | |
| Cold Bar | Salad Bar | Salad Bar | | | | | |