

Greene Family Camp

**Activities
Catalog
2019**



Greene Family Camp Activity Catalog

At GFC, campers participate in a wide variety of athletic and recreational activities. All of our activities seek to strike a balance between skill development and personal enjoyment, and a constant effort is made to meet the needs and wants of the campers.

The Activity Catalog is meant to give campers the opportunity to participate in the planning of their summer prior to their arrival at camp; Shorashim, Niviim, Kohanim, Shoftim, Melachim and S'ganim campers choose many of the activities that they will participate in while at GFC. Having campers register for activities in advance allows us to purchase supplies, assign staff and plan activities appropriately. Please note, when you complete the online activity selection form, the order of your choices in the list does not directly relate to priority of the choices.

NOTE: There are a limited number of spaces available for each activity, so complete your activity sign-up form as soon as possible. If there are not enough campers signed up for an activity, it may not be offered. However, on many evenings there will be the opportunity for each camper to choose an activity for that evening. See **Chufsha** under The Daily Schedule in the Family Guide for more details.

EVEN MORE THIS SUMMER!

STEAM Reboot

Our STEAM (Science, Technology, Engineering, Art, and Math) Program launched in Summer 2017 and has been a popular activity. We are excited to share that we are completely renovating the STEAM Center, which you may remember as the Beit Omanut, or the Fishbowl, as The Paddy and Barry Epstein STEAM Center. This center will be filled with 3-D printers, a robotics field, and plenty of space for rockets, slim, or the next greatest GFC invention.

Performing Arts Center: Theater

We are excited to have our theater program in the brand new Jordan and Jayden Goldberg Performing Arts Center, ready by Summer 2019! Our new performing arts center will feature state of the art facilities for our theater program while also providing new opportunities for campers to learn about the technical side of the theater.

Library

Opening in Summer 2018, the library was a huge hit among all campers! As a quiet place to read a book or play some brain games, the library became a space that campers spent their free time at during free swim and *chufsha*. Now, we are excited to open up the library on a more consistent basis for weekly *hagiah* classes.

Garden

The GFC Garden has continued to grow and blossom with beautiful flowers, herbs, fruits and vegetables. Our kibbutzniks tend to the garden daily and we are expanding our garden program to be open to *all* GFC campers through a *hagigah*.



Chug

Sports Activities

Archery

Archery, as an activity, has a long history, and by participating in our archery program, campers have the opportunity to learn new skills and achieve mastery over this age-old sport. Campers will learn how bows and arrows are constructed, how to be safe while participating in the sport and how to shoot. Older campers will learn how to achieve accuracy and skill through practice; they will also have the opportunity to move from target archery to field archery (informal shooting at a wide variety of distances) and clout shooting (shooting at a target marked on the ground). With practice, anyone can hit the "bull's eye".

Basketball

Basketball is a sport that challenges both the muscles and the mind. It is a fast-breaking game that calls for plenty of running, accurate throwing and quick decisions. Campers in our basketball program will begin with the basics of the game: dribbling, passing, shooting, and rebounding. Older campers will spend more time on offensive and defensive play, and game strategy.

Boating & Recreation

As our lake has grown, so has the popularity of GFC's lakefront activities. Participants will begin with a complete overview of lakefront safety, followed by a full orientation to the proper use of the various watercraft and personal floatation devices. With the basics in place, campers will learn to paddle, steer and maneuver the crafts across the lake. Campers will take to the waters of our lake for a memorable journey.

Fencing

Fencing is an activity rich in history, dating back to the 1700s. It requires muscular coordination and a thorough knowledge of techniques and tactics. Campers will learn to parry, lunge, guard, riposte, and engage in duels. Moreover, campers will learn the aspects of etiquette and safety associated with this sport. Fencing is sure to please and challenge campers looking for a unique and exciting new activity!

Fitness

This activity will be offered to Kohanim, Shoftim, Melachim and S'ganim campers. They will have opportunity to utilize the camp's expanded fitness center. Our state of the art fitness center features Cardiovascular machines and a multi-station gym. Activities will revolve around aerobic and fitness training in a safe and healthy environment. Being healthy and fit will put campers in touch with their bodies, increase self-esteem, and help establish a desire to set personal goals.

Flag Football

Want to experience the thrill of the touchdown without the sting of the tackle? This sport offers all of the skills and physical challenges of football, with an emphasis on safety. Our flag football program is designed to teach basic skills: passing, handing off, running, and teamwork. Older campers will learn basic offensive and defensive strategies. All campers will have the opportunity to participate in scrimmages.

Gymnastics

Gymnastics is one of the most diversified of all sports activities. It involves many different types of exercise so that all of the muscles of the body are worked. Our program emphasizes safety and the need for proper preparation and execution of gymnastic challenges. Younger campers will focus primarily on flexibility and tumbling. Older campers will move on to the more complex gymnastics activities - vaulting, floor exercises, asymmetric bars, balance beam - and will cover spotting techniques, greater safety, and the use and care of the equipment. Participants at various skill levels will be moved along at their own pace.

Lacrosse

As a quickly growing sport in Texas, we are proud to offer Lacrosse as a part of the GFC sport s program. Participants will have the opportunity to learn new skills and improve their current level, while learning about teamwork and strategy. All campers will have the opportunity to participate in scrimmages to test their new skills.

Chug

Sports Activities

Mountain Biking

Mountain biking is one of the most exciting and healthy activities available at camps today, and GFC is thrilled to be offering it to our campers again this summer! Using specially designed bicycles, and specially prepared trails, campers will have the chance to “take to the hills” on a wild, but well-supervised, ride. Following an aggressive safety orientation, campers will begin on trails suited to their skill level, develop proficiency in using their equipment properly, and will advance up to more exciting trails. Every day on a mountain bike will be a new adventure.

Self Defense - Judo

Our program encourages campers to develop greater flexibility and fitness, and a more sophisticated awareness of how they deal with the world, resulting in enhanced confidence and self-esteem. In addition to technique, campers learn to understand self-control, integrity, courtesy, perseverance, and indomitable spirit.

Soccer

The premise of the game of soccer is a simple one: kick the ball into the other team’s goal and keep the other team from kicking the ball into your goal. But, the game requires the development of a number of skills, and our soccer program focuses on improving the camper’s ability to play the game. In addition to the rules of the game, the program will cover most of the required skills including passing, juggling, shooting, heading, and goal keeping. Younger campers will be introduced to the basics of playing the game while older campers will strive to master various skills.

Softball

Take me out to the ball game! Another favorite sport returns to the fields of GFC. Open to campers of all ages and skill levels, the softball program is designed to teach the rules of the game, enhance hand-eye coordination, and promote self-confidence. Special attention will be given to individuals who wish to improve a specific skill. With an emphasis on fun, campers will participate in drills and games to sharpen their skills.

Tennis

Tennis is a versatile and exciting game that requires a good understanding of the rudiments of the sport, excellent hand-eye coordination, physical fitness, and a desire to have fun. Our tennis program will emphasize readiness and hand-eye coordination, and will cover the skills needed for successful play. Younger campers will get a chance to experience the game first-hand. Older campers will spend more time on skill development and game playing. The program is designed to meet the demands of players at different skill levels.

Ultimate Frisbee

Ultimate is a 7-on-7 non-contact sport played on a field about the same size as a football field. Teams score a point by successfully passing the disc to a teammate in the end zone. Participants in our Ultimate program will focus on fundamental skills beginning with forehand and backhand throws, catching the disc, offensive strategies from the vertical stack, and person-to-person defense. Older campers will spend more time developing throws and learning more advanced game strategy including horizontal stack offense, offense against a zone, and zone defense.

Volleyball

Volleyball is a sport that requires quick thinking, hand-eye coordination, and excellent teamwork. With the sand between their toes, campers will learn how to serve and return the ball and how to communicate effectively with team members. Campers will be taught the basics of the game as well as team strategies. Always fast-paced and challenging, volleyball is an exciting activity for all ages!

Yoga

Volleyball is a sport that requires quick thinking, hand-eye coordination, and excellent teamwork. With the sand between their toes, campers will learn how to serve and return the ball and how to communicate effectively with team members. Campers will be taught the basics of the game as well as team strategies. Always fast-paced and challenging, volleyball is an exciting activity for all ages!

Hagigah

Recreational Activities

Arts & Crafts

Of all our activities available at camp, arts & crafts is by far one of the most popular. Our arts & crafts program encourages creative exploration of the many ways in which art can be produced. A variety of different tools and techniques will be used to allow for the widest range of possibilities; for example: pen and ink, watercolors, temperas, oil paints, clay work and sculpture, plaster-casting, paper mache, bead work, wood-working, printing and tie-dyeing. Younger campers will focus more on crafts.

Cooking

Learn kitchen skills necessary to prepare interesting meals and snacks for your friends and family. The course will concentrate on the creative use of food, proper kitchen techniques and food from around the world (with a concentration on the Middle Eastern and Jewish foods).

Dance

Express yourself through dance. Campers have the opportunity to work with a dance instructor and choreographer in developing their talents. Both jazz and modern dance methods will be taught with an eye towards both teaching elementary skills to beginners and teaching more advanced techniques to those who already dance.

Digital Photography

GFC has stepped into the modern world of Digital Photography classes. Participants will explore different picture-taking techniques, learn about the care and operation of the camera, how to use the controls, fine tuning sharpness and exposure, capturing light and color, understanding lenses, flash, and exploring close-up photography, discovering exactly how a picture can be worth a thousand words. Older campers will work on advanced skills, as well as photo-storytelling, and art photography.

Farm

What's a summer in the country without farm animals? GFC is proud to present a hands-on experience in animal care, featuring well... animals. Campers learn about Jewish values and practices associated with animals and the environment and will have the opportunity to interact with our farm animals. Our farm program teaches the responsibility and the joy of taking care of other living creatures.

Garden ★ NEW

GFC's garden has continued to grow and bloom, with a variety of fruits, vegetables, flowers and herbs consistently harvested throughout the summer and year. We are excited to now be offering Garden as a set activity time for all campers! Join Ron from Israel and the Master Gardener Team from Waco to learn all about how to care for a garden and participate in the care and tending of your own unit garden.

Guitar

Join the band. Learn how to play the most popular instrument of recent history! If you already have your instrument, bring it. If not, we will provide one for you to use during class time.



Hagigah

Recreational Activities

Library

Our renovated library was a huge hit last summer and we are thrilled to be extending this program to an activity option! Join our Camp Librarian for experiencing books, sharing your favorite reads with the rest of camp, and plenty of open read and brain game time in the Camp Library.

Journalism

Ever want to do some investigative reporting on camp myths and traditions or interview the Camp Director? If so, then our Journalism class might be just the thing for you. Campers will have a real hand in developing the content of GFC's newspaper, the Greene Cricket-Press. This is an opportunity for campers to research items of camp interest, write about them, and then deliver them to the audience of parents and campers who want to stay in touch with what is happening at GFC. The Cricket-Press is printed and distributed during the summer as well as published on our website each session.

Magic

Ever want to impress your family and friends with card tricks, coin tricks, and other mystifying effects? This Magic class will teach close-up, parlor, and street magic. In addition, campers gain the self confidence, self awareness, and presentation skills necessary to succeed in front of an audience. Campers will leave the class with new tricks up their sleeve as well as strong interpersonal communication skills.

Media – Video

With communication being the basis of any media program, we use video as our primary tool. Video topics will include equipment operation and care, basic video techniques, program development (Storyboards, scripts, lighting and scenery), shooting and editing (sound effects, special visual effects, and music). All campers in this class will get the chance to be behind and in front of the camera.

STEAM (Science & Technology)

The Israeli Defense Forces Unit 8200 is the special technology unit of the IDF. Responsible for communications and intelligence, it generates much of Israel's high-tech success. At GFC, our "Unit 8200" is our "S.T.E.M" or Science, Technology, Engineering, and Math program. We will be building robots, shooting off rockets, doing crazy science experiments, and having a great time.

Scouting

Campers in our scouting program will have the unique opportunity to experience nature first-hand. Campers will learn outdoor-living skills that keep people safe, comfortable, and happy in an environment that is only temporarily their home. They will also learn minimum-impact camping skills that help people leave the outdoors just the way they found it. Younger campers will focus on understanding the world around them, interacting safely with the environment, and utilizing basic scouting skills. Older campers will learn about animal and plant life, use of tools and equipment, outdoor cooking, knot craft, some orienteering, and the development of an environmental consciousness. Members of the Israeli Scouting movement create this program each summer.

Theater

Taking place in the brand new Jordan and Jayden Goldberg Performing Arts Center, join theater to explore your own sense of improv and live performance! By using various dramatic styles and techniques, campers are given the chance to be a different person, visit a new place, and experience the wonders of life that may simply not be available to them. This activity seeks to make participants comfortable "on stage" and to elicit spontaneity and creativity through improvisational games, pantomime, and scene playing.

Gadol Offerings

Melachim & Sganim BIG Activities

Basketball

Campers in the Gadol program will be encouraged to improve and perfect their skills through extensive drill work and scrimmage play. Game strategy will be explored, as will the role and job of the referee. Opportunities for challenging play will also exist.

Dance

Do you love to dance? Campers will spend their session learning about Modern, Jazz, Hip-Hop and Israeli Folk dance. Their time spent will culminate in a performance of choreographed dances for the entire camp. The Dance Gadol's presentation is one of the highlights of the session.

Digital Photography

The photography gadol will not only stress more digital operation and techniques, but will also allow the campers to participate in digital imaging programs and assist in the development of our website and yearbook.

Fitness

Campers in the Gadol fitness program will have the opportunity to utilize the camp's brand new fitness center. Last summer, the fitness center was expanded in size and features for a brand new look. Some of the new equipment includes cardiovascular machines and a multi-station gym. In addition, activities will revolve around aerobic and fitness training. Being healthy and fit will put campers in touch with their bodies, increase self-esteem, and help establish a desire to set personal goals.



Gymnastics

Open to Melachim campers at all skill levels, the Gadol program is for the person who wants an intensive gymnastic experience. Many gymnastics areas will be covered, with time spent on more complicated execution of skills. Work will be directed towards an end-of-session gymnastics exhibition, and overall improvement of skills and confidence.

Media - Video

The bigger the project, the greater the challenge and reward. Gadol participants will work both individually and as a group on major video projects which will incorporate all of the skills and techniques taught in the program, and will be screened at the session's end.

Self Defense - Judo

This class is designed for campers with self-defense experience prior to camp and a desire to develop more in depth knowledge and skills. Participants will have the opportunity to improve their strength and self-confidence through improved skills. In addition to technique, campers continue to develop self-control, integrity, courtesy, perseverance, and indomitable spirit.

Soccer

Love soccer? Live for soccer? Sign-up for soccer gadol! Participants will work on advanced techniques and will have the opportunity for competitive play. Soccer gadol includes a conditioning component for those participants who will be returning to competitive soccer teams at the end of the summer.

Songleading

Learn to be a songleader! Participants will learn the skills necessary to teach songs as well as enhance their repertoire. Our budding songleaders will have the opportunity to help lead song sessions in the dining room, at campfires and during other programs through the camp. They will also help "front" the GFC Garage Band.

Gadol Offerings

Melachim & Sganim BIG Activities

STEAM (Science & Technology) NEW

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Swimming

This gadol is intended to teach swimming skills that go beyond those taught in our younger instructional swim program. This is a program for strong swimmers who want to take their skills to the next level and begin training that could lead to lifeguard certification in the future. This is also designed for campers who are either on the swim team or want to work on their fitness level through swim activities.

Theater NEW

Taking place in the brand new Jordan and Jayden Goldberg Performing Arts Center, join theater to explore your own sense of improv and live performance! Campers will engage in scene work and acting technique. Alongside performance skills campers will learn skills of technical theater. They will gain exposure to directing, stage management, lighting, sound, costume and stage design.

Visual Arts

Creating works of art becomes more challenging and exciting when the scale of the projects increases. In addition to the range of individual projects that campers will complete, Gadol participants will be involved in creating their own group "masterpieces" in the art form they like best. The group will also work together on a major project for the entire camp to enjoy.

