

Greene Family Camp-Menu 2019-1st Session

Week 1	Opening Day Session 1					
Meal	Monday-Day 1	Tuesday-Day 2	Wednesday-Day 3	Thursday-Day 4	Friday-Day 5	Saturday-Day 6
	6/10/19	6/11/19	6/12/19	6/13/19	6/14/19	6/15/19
<b>Breakfast</b>						
<b>Hot Line</b>	Western Scrambled Eggs	Chocolate Chip Pancakes*	Scrambled Eggs	French Toast Sticks	Scrambled Eggs	
	Redi Shred Hash Browns		Biscuits		Blueberry Scones*	
	Whole Wheat Toast	Turkey Sausage	Country Gravy	Syrup		Blueberry Muffin/Bran Muffin
	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea
<b>Cold Bar</b>	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold Cereal*
	Granola*	Granola*	Granola*	Granola*	Granola*	Granola*
	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices
	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives
	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs
	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Kitchen Choice Ice
	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1%/Skim/Chocolate Milk
	Assorted Jelly/Margarine	Syrup/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine
<b>Lunch</b>						
<b>Hot Line</b>	Fried Chicken/Baked Chicken	Asst Pizza*(Vegetable & Cheese)	Fish Planks	Corndog	Deli Bar	Egg Salad/Tuna Salad
	Tuna Salad	Winter Vegetable Mix	Macaroni and Cheese	Baked Tator Tots	Turkey, Turk Pastrami, Rst Beef	Chicken Salad
	Potato Salad/Pasta Salad		Asparagus	Five Way Vegetables	Lett/Tom/Onion/Pickle/Peppers	Apple Kugel
<b>Soup</b>	Tomato Florentine Soup	Mediterranean Lentil Soup	Broccoli & Cheese Soup	Garden Vegetable Soup	Homemade Chicken Noodle Soup	Asst Bagel*/Wht Pita Bread*
<b>Cold Bar</b>	Pasta Salad	Salad Bar	Salad Bar	Salad Bar	Muffuletta Olive Sld/Sun Chips*	Salad Bar/Israeli Salad
	Coleslaw/Israeli Salad	Pimiento Cheese	Chicken Salad	Turkey Salad	Salad Bar/Coleslaw	Cream Cheese/Lox Spread
	Brownies*				Turkey Ham Salad	Assorted Cold Cereal*
	Cookies*	Grapes	Fresh Peach	Jell-O Salad	Cantaloupe	Fresh Banana/Canned Peaches
	Rice Crispie Treats*					Cottage Cheese
	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk
						Orange Juice/Tomato Juice
						Assorted Jelly/Margarine
<b>Dinner</b>						
<b>Table Meal</b>	Hamburger on Pretzel Bun*	Sweet and Sour Chicken	Steak/Chicken/Veggie Fajitas	Baked Ravioli Casserole	Fried Chicken	Grilled Hamburger on Bun
	Baked French Fries	Steamed Edamame Beans	Grilled Peppers & Onions	Rotini with Marinara Sauce	Paprika Baked Chicken	Lettuce/Tomato/Onion/Pickle
	Carrot Coins	Oriental Mixed Vegetables	Mexican Rice	Sautéed Zucchini Squash	Whole Baby Carrots--Broccoli	Honey Glazed Chicken Wings
	Israeli Salad	Jasmine Rice	Vegetarian Refried Beans	Garlic Toast*	Wild Rice Mix	German Coleslaw
	Lett/Tom/Pickles/Onion/Jalap		Tortillas*/Tortilla Chips*		Salad with Mandarin Oranges	Baked Lay's Potato Chips
	Chocolate Chip Cookies*	Sweet and Sour Sce/Sriracha Sce	Guacamole/Salsa	Parmesan Chez/Red Pepper	Fresh Baked Challah*/Marg	Tailgate Pasta Salad
	Lemonade/Ice Tea/Milk/Water	Rice Krispy Trts/Fortune Cookies	100% Fruit Juice Popsicles	Sherbet	Chocolate Brownies*	Fresh Baked Sugar Cookies*
	Ketchup/Mustard/Mayo/Relish	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Grape Juice	Bottled Water
<b>Cold Bar</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar		Mustard/Ketchup/Relish
			Sour Cream & Shredded Cheese	Feta Cheese		

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Week 2			Shorashim Leaves				
Meal	Sunday-Day 7	Monday-Day 8	Tuesday-Day 9	Wednesday-Day 10	Thursday-Day 11	Friday-Day 12	Saturday-Day 13
	6/16/19	6/17/19	6/18/19	6/19/19	6/20/19	6/21/19	6/22/19
<b>Breakfast</b>							
<b>Hot Line</b>	Scrambled Eggs	Plain Pancakes	M'room Scr Eggs/Scramble Eggs	Waffle Sticks*	Chicken Tenders	Scrambled Eggs	
	English Muffins/Toast		Hash Brown Potatoes--Croissants		Buttermilk Biscuits*	Wheat Toast*	
	Shredded Cheddar Cheese/Salsa	Syrup	Shredded Cheddar Cheese/Salsa	Syrup	Honey	Shredded Cheddar Cheese/Salsa	Pop-tarts*/Danish*
	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea
<b>Cold Bar</b>	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold Cereal*
	Granola*	Granola*	Granola*	Granola*	Granola*	Granola*	Granola*
	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	
	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Orange Juice/Kitchen Choice Ice
	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	1%/Skim/Chocolate Milk
	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Assorted Jelly/Margarine
	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	
	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	
<b>Lunch</b>							
<b>Hot Line</b>	Kosher Hot Dog w/ Hot Dog Bun*	Manicotti w Marinara	Pizza Bagels*	Chick Fil-a Style Swich Wht Bun	Steak Fingers*	Baked Potato Bar	Egg Salad/Tuna Salad
	Sauerkraut	Pasta with Olive Oil & Garlic	Crinkle Cut Carrots	Sweet Potato Fries	Whole Kernel Corn	Vegetarian Chili/Cheesy Broc	Chicken Salad
	Sun Chips*	Chef Blend		Mixed Greens	Broccoli and Cauliflower	Sautéed Spinach	Kugel
	Chili					Marg/Sour Cream/Shred Cheese	Asst Bagel*/Wht Pita Bread*
<b>Soup</b>	Vegetarian Chili	Tomato Florentine Soup	Mediterranean Lentil Soup	Chicken Tortilla Soup	Vegetable Vegetable Soup	Vegetarian Chili/Broccoli Cheese Soup	Salad Bar/Israeli Salad
<b>Cold Bar</b>	Salad Bar	Salad Bar	Salad on Table	Salad on Table	Salad Bar	Salad Bar	Cream Cheese/Lox Spread
	Carrot&Cuke Platter Ranch Drsg	Hummus	Egg Salad	Turkey Salad	Turkey Ham Salad	Pimento Cheese	Assorted Cold Cereal*
	Assorted Fresh Fruit	Fresh Peach	Grapes	Tangerine	Gelatin Fruit Salad	Marg/Sour Cream/Shred Cheese	Fresh Banana/Canned Peaches
	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk		Fresh Plum	Cottage Cheese
					Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk
							Orange Juice/Tomato Juice
							Assorted Jelly/Margarine
<b>Dinner</b>							
<b>Table Meal</b>	Nacho Bar/Nacho Cheese Sauce	Grilled Honey Mustard Chicken	Chicken Fried Steak	Spaghetti w Meat-Red sauce-Alfredo	Beef Sausage	Fried Chicken	Grilled Hamburger on Bun*
	Mexican Ground Beef	Scalloped Potatoes	Mashed Potatoes	Pasta w/Olive oil & Vegetables	BBQ Chicken Legs	Sesame Baked Chicken	Lettuce/Tomato/Onion/Pickle
	Veg. Refried Beans & Mexican Rice	Sautéed Spinach	Green Beans	Ratatouille	Coleslaw--Bake Beans	Sautéed Squash & Broccoli	Hot Dog on Bun*
	Shred Lett/Tom/Onion/Jalap	Quinoa Pilaf	Gravy/Ketchup	Garlic Breadstick*	Potato Salad	Baked Sweet Potatoes	Grilled Roasted Veggies
	Salsa/Guacamole	Honey Mustard	Wheat Rolls*/Margarine	Parmesan Cheese/Red Pepper	Whole Wheat Roll*/Margarine	Salad with Mandarin Oranges	Baked Lay's Potato Chips
	Soapapillas	Snickerdoodle Cookies*	100% Fruit Bar Popsicle	Fruit Salad	Apple Cobbler	Fresh Baked Challah*/Marg	Pasta Salad
	Corn Tortilla Chips		Lemonade/Ice Tea/Milk/Water		BBQ Sauce	Blonde Brownies	Fresh Baked Choc Chip Cookies*
	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water		Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Grape Juice	Bottled Water
<b>Cold Bar</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar		Mustard/Ketchup/Relish

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Week 3	Bonim Starts						
Meal	Sunday-Day 14	Monday-Day 15	Tuesday-Day 16	Wednesday-Day 17	Thursday-Day 18	Friday-Day 19	Saturday-Day 20
	6/23/19	6/24/19	6/25/19	6/26/19	6/27/19	6/28/19	6/29/19
<b>Breakfast</b>							
<b>Hot Line</b>	Scrambled Eggs	Plain or Blueberry Pancakes*	Scrambled Eggs	French Toast Sticks*	Cheesy Scrambled Eggs	Turkey Sausage	
	Potato Pancakes				Tex-Mex Seasoned Potatoes	Buttermilk Biscuits*	
	Whole Wheat Toast	Syrup	Scones*	Syrup	Shredded Cheddar Cheese/Salsa	Honey	Muffins & Poptarts
	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea	Coffee/Hot Tea
<b>Cold Bar</b>	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold* and Hot Cereal	Assorted Cold Cereal*
	Granola*	Granola*	Granola*	Granola*	Granola*	Granola*	Granola*
	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	Cottage Cheese/Cheese Slices	
	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt	Fruited Yogurt/Van Greek Yogurt
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	Israeli Salad/Peppers/Olives	
	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	
	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Apple Juice	Orange Juice/Kitchen Choice Ice
	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Milk/Skim Milk	1% Skim/Chocolate Milk
	Applesauce/Sour Cream	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine	Assorted Jelly/Margarine
<b>Lunch</b>							
<b>Hot Line</b>	Meatball Sub	GFC Famous Grilled Cheese *	Honey Kissed or Hot Wings	Sloppy Joes on Wheat Bun*	Asst Pizza*(Chez/M'room/Blk O)	Deli Bar	Egg Salad/Tuna Salad
	5 Way Mixed Vegetables	Mozz/Sun Dried Tom Grill Chez	Fried Okra	Winter Mixed Vegetables	Cheesy Cauliflower	Turkey, Turk Pastrami, Rst Beef	Chicken Salad
	Baked Tater Tots	Asparagus	Pasta Salad	Corn Cobettes	Steamed Edamame	Lett/Tom/Onion/Pickle/Peppers	Apple Kugel
<b>Soup</b>	Vegetable Vegetable Soup	Old Fashioned Tomato Soup	Chicken Tortilla Soup	Garden Vegetable Soup	Mediterranean Lentil Soup	Homemade Chicken Noodle Soup	Asst Bagel*/Whit Pita Bread*
<b>Cold Bar</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Muffuletta Olive Sld/Sun Chips*	Salad Bar/Israeli Salad
	Chicken Pasta Salad	Tuna Salad	Turkey Ham Salad	Chicken Salad	Pimiento Cheese	Salad Bar/Coleslaw	Cream Cheese/Lox Spread
	Marinated Tomato Salad		Potato Salad			Egg Salad	Assorted Cold Cereal*
	Assorted Melon	Grapes	Gelatin Fruit Salad	Fresh Peach	Tangerines	Cantaloupe	Fresh Banana/Canned Peaches
							Cottage Cheese
	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk	Lemonade/Ice Tea/Milk
							Orange Juice/Tomato Juice
							Assorted Jelly/Margarine
<b>Dinner</b>							
<b>Table Meal</b>	Fish Planks	Pot Roast with Natural Gravy	Five Cheese Lasagna	Teriyaki Chicken w/ Pineapple	Beef Brisket	Fried Chicken	Grilled Hamburger on Bun
	Macaroni and Cheese	Roasted Potato	Vegetable Lasagna	Jasmine Rice	Ranch Style Beans	Honey Mustard Baked Chicken	Lettuce/Tomato/Onion/Pickle
	Broccoli Spears	Carrots	Roasted Kale	Vegetable Lo Mein	Sautéed Cabbage	California Mixed Vegetables	Teriyaki Glazed Wings
	Coleslaw	Dill Green Peas	Sautéed Zucchini	Sautéed Squash Medley	Hot Potato Salad	Rice Pilaf/Quinoa	California Ramen Slaw
	Garlic Bread	Wheat Rolls*/Margarine	Garlic Toast*		Wheat Rolls/Margarine	Salad with Mandarin Oranges	Baked Lay's Potato Chips
	M & M Cookies	Marble Cake	Ice Cream	Cherry Cake	Peach Cobbler	Fresh Baked Challah*/Marg	Tailgate Pasta Salad
	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Lemonade/Ice Tea/Milk/Water	Chocolate Brownies*	Baked Snickerdoodle Cookies*
	Ketchup/Tartar Sauce		Parmesan Cheese/Red Pepper	Soy Sauce/Sricha Sauce	BBQ Sauce	Lemonade/Ice Tea/Grape Juice	Bottled Water
<b>Cold Bar</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar		Mustard/Ketchup/Relish
			Feta Cheese				

